



**Proceeds Benefitting:**  
Rutherford PBA #300,  
Rutherford Ambulance &  
Rutherford Fire Dept.

**Memorial Park**  
**Darwin Ave & Monona Ave**  
**Rutherford, NJ**

[www.RutherfordPBA5k.com](http://www.RutherfordPBA5k.com)

**Sunday, October 18, 2015**

*Costumes Welcomed!*

[www.facebook.com/RutherfordPBA5k](http://www.facebook.com/RutherfordPBA5k)

**"4<sup>th</sup> Annual" 5k Run & 1 mile Walk**

**START & FINISH**

**Start:** Monona Ave at Memorial Park  
**Finish:** Tryon Field at Memorial Park

**SCHEDULE OF EVENTS**

7:45 AM – 9:45 AM - Check in & Registration  
9:15 AM – Costume Contest Judging  
10:00 AM – 5K Run begins  
10:05 AM – 1 mile walk  
11:00 AM – BBQ & Activities begin  
11:30 AM – Awards Ceremony

**AWARDS**

-Monetary award for top 3 overall male & female  
-Top 3 Male & Female per age group in 5 year  
Age Groups: \*14 & under, \*15 – 19, \*20 – 24, \*25 – 29, \*30 – 34, \*35 – 39, \*40 – 44, \*45 – 49, \*50 – 54, \*55 – 59, \*60 – 64, \*65 – 69, \*70 – 74, \*75 – 79, \*80+  
-Best Adult Costume & Best Children's Costume  
-Emergency Services Division

**COURSE**

Sanctioned and certified by USATF-NJ



**ENTRY FEES**

-Pre-registration: \$25  
-Day of race: \$30  
-USATF-NJ Members: \$20 (Day of Race: \$25)  
-Family of 4-8: \$5 off each member  
**\*Shirts and race packets while supplies last – Sign up early to make sure you get your desired size!**

**REGISTRATION**

**\*BY MAIL**

Tear off entry form at bottom, enclose check payable to "Rutherford PBA Local 300", and mail by October 13<sup>th</sup>, to:

RUTHERFORD PBA 300 5K  
PO BOX 182  
RUTHERFORD, NJ 07070

**\*ONLINE**

[www.RutherfordPBA5k.com](http://www.RutherfordPBA5k.com)  
(Until October 17)

**PRE-REGISTERED PACKET PICKUP**

Friday, October 16, 2015  
Mason's Cellar, 5pm – 9pm  
23 Park Avenue, Rutherford  
(Parking lot in rear)



Any questions? Email Craig or Scott at: [RutherfordPBA5k@aol.com](mailto:RutherfordPBA5k@aol.com)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_ Sex (Circle): M F Shirt Size (Circle): S M L XL XXL

Youth Medium Youth Large

USATF-NJ # (if applicable): \_\_\_\_\_

Choose One: Walker  Runner

**Waiver of Liability:** In consideration for the acceptance of my entry, I, on behalf of myself, my heir, my executors, administrators, and assignees, hereby release myself and discharge the Borough of Rutherford, Rutherford First Aid Ambulance Corps, Rutherford Police Department, Rutherford PBA 300, associated sponsors, volunteers, USA Track and Field, and all other sponsors or beneficiaries and their representatives, successors and assignees for all claims for damages and causes of action arising from or out of my participation in the RUTHERFORD PBA 5K RUN/WALK HALLOWEEN FOOT PURSUIT. I attest that I am physically fit for this event. I hereby certify that I have read all the terms and conditions of this release and intend to be legally bound thereby. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: (If under 18) \_\_\_\_\_